



# It's about Life

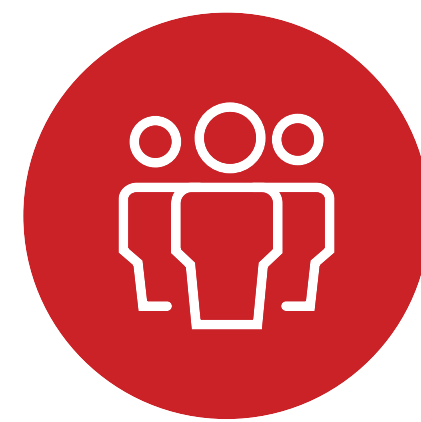
Not Failure



**Clinic Resources**



**Heart Self-Management Toolkit**



**Facebook Support Group**



**HeartLife Academy**

We are a patient led charity that engages, educates, and empowers people living with heart disease to improve their quality of life.



**join us at [heartlife.ca](http://heartlife.ca)**