



Dear HeartLife Community,

Welcome to HeartLife Foundation's Year in Review! This year has been monumental for us as we've expanded our mission beyond heart failure to include all cardiovascular diseases. We made this change because of you—our members. Your voices made it clear that the journey through cardiovascular disease is connected, and all roads ultimately lead to heart failure. Whether it's providing education, advocacy, or support, we're proud to stand by patients and caregivers every step of the way. Enjoy this look back at a year filled with progress and impact!



Heart Failure Update Booth and 6 Speakers

This year, our team attended the Heart Failure Update Canada conference, where six incredible patient partners shared their stories during plenary sessions. Our booth was a hub of activity, distributing over 10,000 pieces of material aimed at supporting patients and caregivers. It was inspiring to see how much our resources resonated with the community.



CCS Booth and Speakers

HeartLife had a strong presence at the Canadian Cardiovascular Congress and the BC Yukon Nursing event, where we distributed over 17,000 resources! Attendees loved our new materials, which focus on patient and caregiver support. If you're looking for resources for your clinic, explore what we offer here: [HeartLife Clinic Resources](#).

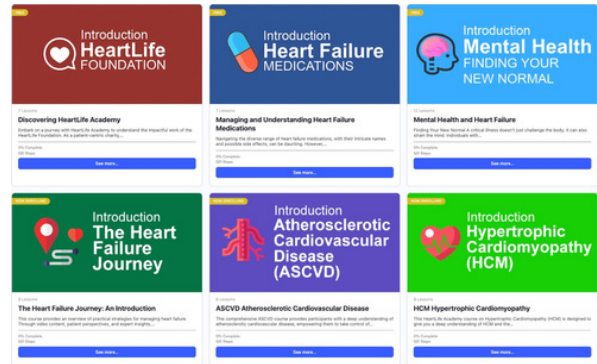


HEARTLIFE - A YEAR IN REVIEW



HeartLife on the Hill in Ottawa

This year, we presented HeartLife's framework to leaders on Parliament Hill. Our advocacy efforts contributed to Bill S-284, championed by Senator Yonah Martin, aiming to make heart failure a national priority. Learn more about our framework [here](#) and the bill below.



Academy Courses Launched - 6 Free Courses Now Enrolling

We now offer six free courses through HeartLife Academy, helping patients and caregivers navigate their heart health. Two new courses launched this year focus on Hypertrophic Cardiomyopathy (HCM) and Atherosclerotic Cardiovascular Disease (ASCVD). With four more in the pipeline, there's so much more to come. Enroll today at [HeartLife Academy](#).

Jillianne's Visiting Professorship in Scotland

Our very own Jillianne brought HeartLife's mission to Scotland as a visiting professor at the University of Edinburgh. She shared her expertise on patient advocacy and the importance of patient-led initiatives, leaving a lasting impression on students and faculty alike. This opportunity highlights the global reach of HeartLife and our commitment to spreading awareness worldwide.



Marc's Daughter Mara Turned 1

Marc's daughter, Mara, celebrated her first birthday this year! Her bright smile and laughter inspire us every day. These moments of life and love are why HeartLife continues to work tirelessly to support families living with heart failure.



Jenny Got Married

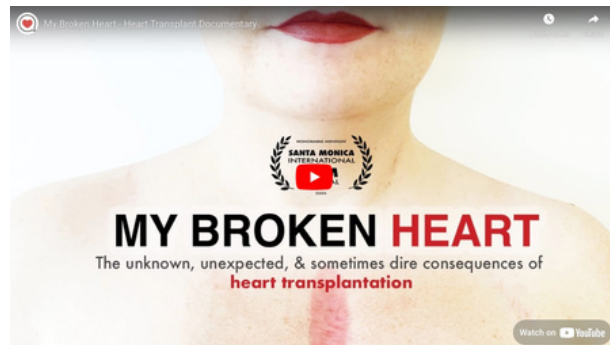
Congratulations to Jenny on her marriage! Her personal milestone reminds us that life is about celebrating the moments that matter. At HeartLife, we believe in cherishing these joyful occasions, as they fuel our drive to improve the lives of patients and caregivers.



HEARTLIFE - A YEAR IN REVIEW

Dr. Sean Virani – A Leader in Heart Failure Care

Dr. Sean Virani, our medical director, continues to make waves in the field of heart failure. His leadership spans roles in PHSA, Providence Health Care, and the Canadian Cardiovascular Society, among others. He is a cornerstone of HeartLife, bringing unmatched expertise to our mission.



Documentary – My Broken Heart Nears 100K Views

Our documentary, My Broken Heart, is approaching 100,000 views! This powerful film explores the journey from end-stage heart failure to life with an LVAD, heart transplantation, and even organ rejection. It offers an unflinching look at the unknown, unexpected, and sometimes dire consequences of transplantation, shedding light on the challenges and triumphs faced by patients.

Watch it [here](#), and share it to help spread awareness and support.

Special Thanks to Our Supporters:

We are deeply grateful to our partners, advocates, champions, healthcare providers, patient organizations, and industry supporters for making this year a success.

Annual Priority Setting Survey

Have your say! Our annual priority-setting survey ensures we address what matters most to our community. Share your thoughts in the link below.

Call to Action

Your support makes all the difference. Help us continue our mission to improve the lives of those living with heart failure. Together, we can provide education, advocacy, and hope to patients and caregivers across Canada. Donate today and be part of the change!

Thank you for being part of our journey this year. Together, we've accomplished so much, and with your continued support, we'll keep driving change for those living with cardiovascular disease. Let's make every heartbeat count because #itsaboutlife!

The HeartLife Team